

For more information please  
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PHD #: 04-94  
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### **Additional Adult Flu Vaccine Clinics**

San Bernardino County Department of Public Health announces flu vaccine clinics to accommodate the expanded list of individuals eligible to receive a flu shot.

Clinics will be held:

**Monday, December 20, 2004 9 am to Noon**  
West Valley Public Health Clinic  
1647 E. Holt Blvd. Ontario

**Tuesday, December 21, 2004 10 am to Noon**  
Morongo Basin Public Health Joshua Tree,  
63532 29 Palms Hwy

**Thursday January 6, 2005 9 am to Noon**  
Victor Valley Public Health Building  
16453 Bear Valley Road, Hesperia

**Friday January 7, 2005 9 am to Noon**  
Clinical Services Building San Bernardino  
799 E. Rialto Ave., San Bernardino

The California Department of Health Services yesterday expanded recommendations to define those groups who most need flu vaccine. Those considered a priority for flu vaccination are:

- All children ages 6-23 months.
- All adults 50 years of age and older.
- Individuals ages 2-64 with underlying chronic medical conditions.
- All pregnant women.
- Residents of nursing homes and long-term care facilities.

- Children 6 months to 18 years of age receiving chronic aspirin therapy.
- Household contacts of persons belonging to any of the priority groups listed above.
- Out-of-home caregivers and household contacts of children less than 6 months of age.
- Healthcare workers involved with direct patient care.
- Emergency service workers, such as law enforcement, firefighters and paramedics.

The Department of Public Health still has flu vaccine for children available through regularly scheduled pediatric immunization clinics. These clinics serve children 6 months through 18 years of age. Parents who have a high-risk child or child under two years of age can call 1-800-722-4794 to schedule their flu shot at a regular pediatric immunization clinic.

Adult flu clinics will be on a first come/first served basis. Flu shots cost \$5 per person, cash or check only. No insurance or Medicare will be accepted. Clients should bring a proof of residence in San Bernardino county and if they have a chronic condition be prepared to explain their high risk condition to the clinic medical personnel.

Healthy individuals 19 to 49 years of age can receive the Flumist, the nasal flu vaccine. The public health department has limited doses of this vaccine available for \$15. Any person interested in this vaccine needs to call the Immunization Program at 1-800-722-4794, Monday – Friday 8 am to 5 pm to schedule an appointment.